



June 2021

## **Live Music Guidance and COVID-19**

AMTA appreciates the ongoing efforts of clinicians, educators, and students to provide safe music therapy interventions in healthcare and education settings. We understand that facilities rely on federal, state, local, and business recommendations regarding infection control measures to protect patients, residents, and personnel. This document provides some additional resources that members might find helpful when implementing strategies and advocating for the use of live music in clinical environments.

***As you review any guidance, please note that infection control measures may differ based on vaccination status.***

**Centers for Medicare and Medicaid Services: Nursing Home Visitation-COVID-19 (Revised)**  
<https://www.cms.gov/files/document/qso-20-39-nh-revised.pdf>

### **Entry of Healthcare Workers and Other Providers of Services (pg. 7)**

*Health care workers who are not employees of the facility but provide direct care to the facility's residents, such as hospice workers, Emergency Medical Services (EMS) personnel, dialysis technicians, laboratory technicians, radiology technicians, social workers, clergy, etc., must be permitted to come into the facility as long as they are not subject to a work exclusion due to an exposure to COVID-19 or showing signs or symptoms of COVID-19 after being screened. We note that EMS personnel do not need to be screened, so they can attend to an emergency without delay. We remind facilities that all staff, including individuals providing services under arrangement as well as volunteers, should adhere to the core principles of COVID-19 infection prevention and must comply with COVID-19 testing requirements.*

*We understand that some states or facilities have designated categories of visitors, such as "essential caregivers," based on their visit history or resident designation. CMS does not distinguish between these types of visitors and other visitors. Using a person-centered approach when applying this guidance should cover all types of visitors, including those who have been categorized as "essential caregivers."*

### **Communal Activities and Dining (pg. 7)**

*While adhering to the core principles of COVID-19 infection prevention, communal activities and dining may occur. Book clubs, crafts, movies, exercise, and bingo are all activities that can be facilitated with alterations to adhere to the guidelines for preventing transmission. The CDC has provided additional guidance on activities and dining based on resident vaccination status. For example, residents who are fully vaccinated may dine and participate in activities without face coverings or social distancing if all participating residents are fully vaccinated; if unvaccinated residents are present during communal dining or activities, then all residents should use face coverings when not eating and unvaccinated residents should physically distance from others. See the CDC guidance *Updated Healthcare Infection Prevention and Control Recommendations in Response to COVID-19 Vaccination* for information on communal dining and activities.*



## **Centers for Disease Control and Prevention**

### [When You've Been Fully Vaccinated CDC](#)

Includes the news that [singing in an indoor chorus without masks](#) is now considered a “safest” activity for those vaccinated.

### [Updated Healthcare Infection Prevention and Control Recommendations in Response to COVID-19 Vaccination CDC](#)

## **Unvaccinated Individuals**

Guidance for Organizing Large Events and Gatherings

<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/considerations-for-events-gatherings.html>

Guidance for Small Gatherings

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/small-gatherings.html>

## **American Choral Directors Association (ACDA)**

[Resources for Choral Professionals During the Pandemic - American Choral Directors Association \(acda.org\)](#)

## **American Guild of Musical Performers**

[AGMA/SDC Return to Stage and Performing Arts Playbook - American Guild of Musical Artists](#)

## **National Federation of State Highschool Associations (NFHS)- Aerosol study and resource videos**

<https://www.nfhs.org/articles/unprecedented-international-coalition-led-by-performing-arts-organizations-to-commission-covid-19-study/>

## **National Association for Music Educators (NafME)**

[NAfME\\_NFHS-Guidance-for-Fall-2020-August-21-Version-4.pdf](#)

## **National Endowment for the Arts**

[The Art of Reopening: A Guide to Current Practices Among Arts Organizations During COVID-19](#)